

Scan the QR code to watch short videos  
and read useful tips to help with all of  
these activities!

Visit [wordsforlife.org.uk/advent-calendar](https://www.wordsforlife.org.uk/advent-calendar)



## Chat

- 1 Have fun with water and ice play**  
Provide children with containers and waterproof toys - they will create their own play!
- 4 Sing a winter song!**  
Explore our collection of top nursery rhymes for ideas!
- 7 Make up your own winter song or rhyme**  
You don't need to remember the words, you can make up your own songs about anything!
- 10 Crunchy winter leaves!**  
Use your senses to explore just how much fun you can have playing, jumping, and printing with leaves.
- 13 Wrap your teddies up for a picnic**  
What will the teddies talk about over the picnic?
- 16 Play 'guess the animal' together**  
*'I'm thinking of an animal who lives in a cold place and is very good at swimming...'*
- 19 Wrap up warm and go for a winter walk**  
What signs of winter can you spot?
- 22 Go out and about on a Christmas colour hunt**  
Chat about what you can see: *'I see a dark green holly leaf'*

## Play

- 2 Make a festive decoration**  
Use materials that would otherwise be thrown away to keep your child busy and develop their creativity.
- 5 Make a hedgehog house**  
Build a home for hedgehogs out of dry leaves, twigs and newspaper.
- 8 Paint a winter or Christmas-themed picture**  
Support your child's creativity, imagination, thinking skills and coordination - and get them chatting too!
- 11 Make your own seasonal sock puppet**  
Make a puppet with things you already have at home, for example odd socks.
- 14 Make your own Christmas cards**  
Not only is it fun, but whoever receives your child's card will appreciate and cherish your little one's handmade artwork!
- 17 Make your own binoculars**  
You can do this by using cardboard tubes and collecting natural 'treasure'. You could use it to make a collage.
- 20 Winter playdough**  
Follow our simple recipe to make your own playdough.
- 23 Wrapping fun!**  
Use recyclable materials to have fun wrapping/hiding toys and objects - can you guess what's inside?

## Read

- 3 Visit your local library**  
Can you find a book or story about the festive season?
- 6 Make a den and snuggle up for a story**  
Make your own cosy den by hanging a blanket over a table and adding cushions.
- 9 Choose a recipe together and enjoy some winter baking**  
What letters or numbers can you spot in the recipe?
- 12 Find a stick and go on a Stick Man adventure!**  
Have you read the Stick Man story? Watch the video online and follow some fun activities.
- 15 Try some sparkly mark making**  
Pour some glitter and salt into a tray and use the end of a pencil or paintbrush to make patterns and shapes.
- 18 Make up your own seasonal story**  
When you're out and about use things around you as ideas to help create a story. You can do this anywhere!
- 21 Play Christmas 'I spy'**  
This could involve letter sounds or be adapted, such as *'I spy something shiny'...*
- 24 Enjoy a Christmas Eve story and sing Christmas songs together.**  
Spend a cosy afternoon singing and reading.